



JUNE 2019

Faith Lutheran Church

# NOTES OF FAITH

*As followers of Christ, we learn to love and live to serve.*

## FAITH FORMATION MEETING

Parents/guardians of children (0-18 yrs)

Sunday June 2

at 10:30am in the library

Please come be a part of this important imagining and future thinking conversation.

## REGULAR HAPPENINGS AT FAITH:

YOGA Tuesdays at 9:45a &  
Wednesdays at 6:00p

BIBLE STUDY  
Wednesdays at 10:00a

COOK FOR THE CENTER  
Third Monday at 1:00p

SPIRITUAL SPAS  
Third Thursday at 6:00p

LEGACY WRITING  
Third Saturday at 10:00a



# A NOTE FROM YOUR PASTOR

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*"When the day of Pentecost had come, they were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability... All were amazed and perplexed, saying to one another, 'What does this mean?'"*

*--Acts 2:1-4, 12*

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A couple of weeks ago I was at the Synod Assembly, which is the weekend-long annual meeting for the churches and ministries in the Northwest Washington area. During the time Bishop Unti spoke, giving highlights of his annual report and the goings-on of the synod. One line struck me as he said, "We really are the Research and Development synod in the United States." Ironically, a couple of weeks before the bishop gave that statement, I mentioned in a sermon how our area is a forerunner in the nation for varied, missional, outside the box thinking and experimenting. I truly believe that we in the PNW understand that the Christian church today is not functioning in a 1950s model anymore, and that we need to experiment and wonder and explore the places God may be calling us.

That is the key about culture and ministry: it is ever shifting. While we stay rooted in scripture and rooted in the death and resurrection of Christ Jesus for us, the formats, programs, and structures are indeed ever changing. There is much research into this even. Thus, it's important that we, as Christians, be malleable as we think about the church in the world. There is no "one" way or "one size fits all" when it comes to ministry. The beauty of community is that there are many different ways to gather and to worship, even within one congregation.

I've been perking up my ears a little extra lately as I listen to people speak about their lives. The busyness, the struggles, the joys, the celebrations, the desires for spirituality or lack thereof. All these play into our lives of faith and, yes, shift and change within the different seasons of life. The stories of our lives inform us as we worship and gather.

When I started almost three years ago (can you believe it's been that long!) as your pastor here at Faith Lutheran, I heard a longing for us to be more outreach oriented, to engage in ministry inside AND outside the walls of the church. I continue to hear this message and continue to ask questions about what that looks like.



How do we live into the ministry that is our life and think about it daily, locationally, and relationally?

Where and when do you “do” faith?

Where is your being and belonging and how do you live into your own skin within your Christian identity?

How does the church, your spiritual life, and your relationships matter to what you do and who you are...and how do those same things matter to others?

In a time where paradigms have and are shifting in the church, it is important that we ask more questions than offer answers. Most importantly we pray for the guidance of the Holy Spirit and ask that our hearts and minds be opened to where the Spirit speaks to us. The fun thing about listening to the Spirit is that we are often surprised, though it may not look like what we’ve done before or what we envision originally in our minds.

As we come up to the time of Pentecost we are reminded that the Spirit sent ordinary people out into the world. They weren’t fancy or equipped in any extra way. They were equipped with faithful hearts and a willingness to be surprised and led into whatever the next location, relationship, or culture entered presented. And so are we. It is a fun time to be the church in the world, albeit challenging.

So, we continue to ask questions, to listen well, and to hear the needs of God’s people in an ever changing culture. We are being led into an exciting present and exciting future. We follow with patience, humbleness of heart, and a willingness to be sent out just as on the day of Pentecost.

In Christ,

Pastor Shannyn

[pastor@faithseattle.org](mailto:pastor@faithseattle.org)

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## BLOCK PARTY WEDNESDAYS IN JULY!

During the month of July from 5:00-8:00pm, you are invited to come to Faith Lutheran to enjoy the summer sun, creation and fellowship together.

BLOCK

The church parking lot and alleyway will be open for bikes, balls, and lawn games. Bring your lawn chair and a beverage; marshmallows will be provided for roasting! Fun for all ages; invite your friends and neighbors. Please park on the street, ride your bike, or walk up to the church.

PARTY!

**TAKING FAITH HOME** Every few months a booklet is printed for people to take home to use for their daily devotions and faith practices at home. Pick one up in the office or at either entrance to the sanctuary. You will also find them in the ‘resources’ section of the weekly email.





## VACATION BIBLE SCHOOL

July 22-26, 2019

9:00 am - 3:00 pm

Please join us for Vacation Bible School. Once again, we are partnering with Maple Leaf Lutheran Church and VBS will be led by camp counselors from Lutherhaven Outdoor Ministries.

Fee is \$100/child and scholarships ARE available!

Registration Form and Camp Brochure are available in the Narthex. Registration is taking place now! Youth and adults who would like to volunteer to help, please contact Pastor Shannyn.

### LUTHERAN WORLD RELIEF REPORT

On Sunday, April 28<sup>th</sup> at Faith Lutheran, there was the Display, Blessing, and Packing of the Mission Quilts, Baby Care Kits and Health Care Kits for the Lutheran World Relief 2019 Spring Ingathering. All was later delivered for shipping on May 3<sup>rd</sup> and 4<sup>th</sup> and destined to be shipped around the world where needs occur. A great many thanks go out to our Faith LWR Co-Coordinators: Karren Johnson and Ann Cohan; our Faith Quilters; our Circle members; and ALL who helped and in any way contributed to these special projects. We sent 22 Mission Quilts, 24 Personal Care Kits, and 20 Baby Care Kits for a total of 213 lbs. Fantastic!



### Keep up with Faith Happenings:

**Weekly Email:** contact the office if you want to receive these

**Twitter:** @faithseattle

**Facebook:** Faith Lutheran Church --Seattle, WA

**Website:** [www.faithseattle.org](http://www.faithseattle.org)



By living well as people of God, we are better prepared  
to do God's work at home and in the world.  
Our state of mind directly affects our well-being.  
Our physical health directly affects our well-being.  
Our attention to that which is spiritual directly affects our well-being.

When we are mindful in these areas,  
we experience peace, we handle stressful situations with grace  
and we find joy and beauty in each day. *M. French*

## **MIND, BODY & SOUL**

**Thursday, JUNE 20, 6:00p to 8:30p**

Are you so engrossed in your day to day life that you often feel stressed and disconnected? Mind, body, soul is a holistic approach to becoming your best self. It's like a three-legged stool, doing just one or two of these leaves us unbalanced. Our strength comes in taking into account our whole being; mind, body and soul. Join us as we use the ELCA Wholeness Wheel to explore the following areas: social, emotional, intellectual, vocational, financial, physical and spiritual.

## **LIVING A CENTERED LIFE**

**Thursday, JULY 18, 6:00p to 8:30p**

We live in a world of permanent white water and it seems that the only time we slow down is when we get sick or injured. We hear a lot of talk about trying to create a balanced life. However, trying to balance life is exhausting; we try to stay in control and life never works that way. In addition, trying to balance everything tends to keep us self-absorbed. By striving for a centered life, we find steady ground to handle the chaos around us. We will explore what a centered life look like.

## **SABBATH REST**

**Thursday, AUGUST 15, 6:00P—8:30P**

Sabbath rest is the freedom to embrace and enjoy all of creation. Drinking in deeply, all that gives you life. Learn about different ways to practice Sabbath and pick up what seems to resonate with you. Create some practices that are intentionally structured to bring Sabbath rest into the daily rhythm of your life.

## **DETAILS:**

Dates: Every third Thursday at 6:00p

Registration: \$10 fee (scholarships available) Sign up in the Narthex, contact the office or Missy French at [heartswayhome@gmail.com](mailto:heartswayhome@gmail.com)

Location: Faith Lutheran Church Library

Light meal included: Let us know if you have special dietary needs.

MONTHLY SPIRITUAL SPAS

## PARISH EDUCATION NEWS

It's hard to believe our school year is over!

We had a fun celebration for the Memory and Geography Challenge on May 19, the truly last day for the five of us who are retiring: Andrine Baker, Ann Cohan, myself (Barb Sharkey), Linda Hynes, and Ralph Minor. In honor of Ralph's broken collar bone, we sang a rousing rendition of Them Bones, Them Bones, Them Dry Bones. The Pre-Elementary class shared the songs they have been learning this year, and the confirmation kids came to cheer us all on. It's always remarkable to see the progression that occurs from the little ones at age 3 to the teens entering high school when we are all together.

### TEACHERS:

Although we have experienced teachers at all grade levels in the fall, Elementary may still need a few more teachers to fill out our roster. Please contact Barb Sharkey if you would be interested in teaching. (Also, if teaching is not your thing, there are opportunities for administrative leadership throughout the year on Parish Ed. Just ask!)

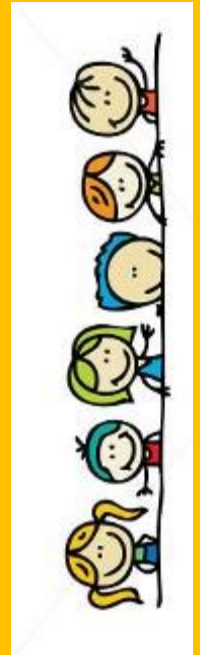
- Mark Graham and his daughter Kirsten will be leading Elementary Opening Time with our music director David Buice next year.
- (Now if I can just find those teachers and an Elementary Coordinator, my job will be done!)
- Thank you to MaryAnn Wagner, who, besides teaching again next year, is taking over the Advent Fair for me in November.
- Pre-Elementary will still be headed by Sandi Dexter.
- Pastor Shannyn teaches and coordinates Confirmation and High School.

***Please note: There will be a very important meeting for parents of children and youth from birth to age 18 on Sunday, June 2 with Pastor Shannyn. Please come and join the conversation. The meeting will be in the library at 10:30.***

### On a reflective note:

As you read this, we will be preparing for the memorial service for Monte Krog. Teaching Sunday School does not make us immune from sad occurrences. Our sixth grade teacher Phil Young passed away when his little son was about three years old in 2004. Visiting with Ralph Minor in the hospital before he died, Phil expressed his concern about his Sunday School class. That's how Ralph started teaching, covering for Phil, and now Ralph is just retiring this year. Fifth Grade teacher Sue Johannsson's husband Chris passed suddenly in 2006. Dan Dierks was teaching third grade when he died in December 2010. Ellen Murray had been the Sunday School superintendent for many years, then came back out of retirement to play piano for Elementary Opening Time before David Buice joined the staff. And now we have lost Monte Krog. Monte started in pre-elementary, taught first grade from 1999-2009, then helped with confirmation, and subbed in to help Linda Hynes in Third Grade after Dan died. He was still helping Parish Ed even this year, as a mentor to a confirmation student. (Lynn, too.)

We Sunday School teachers, assistants and staff are a family, whether involved for one year or many. As I have been teaching, coordinating the Elementary program, taking turns as the Parish Ed. chair, and leading Elementary Opening when there was no one else over these last 27 years, I truly appreciate all of you who have taught, assisted, subbed, and supported the Sunday School, Confirmation, and High School programs for our youth, through both the good and the hard times. Thank you so very much. Barb Sharkey





## **PRIDE PARADE**

**Sunday, June 30**

Faith Lutheran Church is signed up to walk as a group with other faith communities and Reconciling Works.

### **DETAILS**

- All ages welcome to join us. (Children must be accompanied by an adult guardian)
- The walking time is about 2.5 hours and roughly 1.5 miles.
- You are welcome to join the group somewhere along the route (we will have a contact number so you can find us) or walk part way and leave when you need to.
- Bring sunscreen, water, weather appropriate gear and of course good walking shoes.
- You are invited to wear rainbow attire.

On June 23: We will gather after church to make signs. If you have a great idea for what we can make to be visible and festive, let the office know.

On June 30: We will begin here at Faith with a blessing and sending during the 9:15a service. From there, we will take the bus downtown and join the other churches that will be gathering downtown on 4th Ave between Union and Cherry.

Sign up in the Narthex

[Contact the church office](#) for more information.





## WHAT CAN I DO ABOUT HOMELESSNESS?

Find out Tuesday, June 11

### Lake City Partners Ending Homelessness

## SECOND ANNUAL DINNER

at Faith Lutheran Church  
8208 18th Ave NE, Seattle, WA.

Learn about our efforts to end homelessness through our winter shelter, day center and housing outreach programs.

Doors open at 6pm  
Program starts at 6:45pm

For information and to make your reservation go to the FLC weekly email to find the link. Or contact Melanie Neufeld at [melanie@lakecitypartners.org](mailto:melanie@lakecitypartners.org)  
\$100 suggested donation

Unable to join us for the event? Be there in spirit by making a contribution to end homelessness by sending a check to Lake City Partners at 3120 NE 125th St., Seattle WA 98125.



## FAITH ACTION NETWORK (FAN)

### Puget Sound Spring Summit

June 23, 2-4 PM

Saint Mark's Episcopal Cathedral

1245 10th Ave E, Seattle, WA 98102

Join people in your area to share opportunities for advocacy and strategize for the upcoming year. Areas of focus include economic justice, housing and homelessness, healthcare, immigration, criminal justice, the environment, and more.

The event is free, but please [register here](#) so we know how many to expect.





## WOMEN OF FAITH

### FAITH'S BIBLE STUDY CIRCLES

Mary-Martha Circle will not be meeting in June and is taking a summer break from meetings. We meet again on Monday, September 9<sup>th</sup>. Others are invited to join us. We usually meet on the second Monday of the month at 7:00 p.m. at the church. Members of our circle take turns being hostess and leading the Bible studies. Questions? Please call Estelle Morley (425) 329-6147.

Ruth Circle meets Thursday, June 20<sup>th</sup> at 12N in the Church Library. This month there will be a Potluck Salad Luncheon. Questions? Call Donna Shy at (206) 523-3029. The Bible Study, usually led by the Pastor, begins at 1:00pm. Ruth Circle meets again on the third Thursday, Sept. 19<sup>th</sup>.

### PROMOTION OF THE "GATHER" MAGAZINE WILL CONTINUE.

Gather Magazine offers a mix of articles, theological reflections, devotions and stories of comfort and challenge that help readers grow in faith and engage in ministry and action. It is published 10 times a year. A print subscription is \$19.95 a year with free digital access. Individuals are encouraged to subscribe by calling 1-844-409-0576 or visiting [www.gathermagazine.org](http://www.gathermagazine.org). A few copies are in the church office and may be borrowed and promptly returned for others to use.

The 3-month 2019 Summer Bible Study, included in Gather Magazine, is entitled "*For just such a time as this*" and studies the Book of Esther. Session One (June) is called "*Esther the Queen: Voices in the king's court*" (Esther 1-3). In preparation, we are encouraged to read the entire book of Esther, which embraces a number of difficult themes, and "find ways that God is present even though God's name is never mentioned in the text. It is a good spiritual practice to always be on the lookout for God's presence in our ordinary lives." This study promises to be a great one and challenging in many ways! It is written by Kay Ward, now retired, and the first woman elected a bishop in the 541 years of the Moravian Church.

### OF UTMOST IMPORTANCE!

#### A GATHERING OF THE WOMEN OF THE ELCA

I want to know – Who is attending the REGION ONE WOMEN'S GATHERING? It is happening June 21-23, 2019 at Executive Suites in Hillsboro, Oregon. The inspirational speaker will be Sharon Garlough Brown ([Sensibleshoeclub.com](http://Sensibleshoeclub.com)). The Gathering's theme is "*Your Faith Journey*". (The speaker has authored several books; one of which I am currently reading and tremendously enjoying.) Come to also enjoy fellowship and worship with women from Alaska, Washington, Idaho, Montana and Oregon. The cost of \$215 includes all of the three days' Gathering Sessions, and meals. The hotel cost is additional. You need to decide NOW! Please pick up registration forms and more information (i.e. schedule, etc.) in the narthex at church. Please contact Estelle at (425) 329-6147, if you have questions. And when you register let me know so we can coordinate some details. Thanks.

With Grace and Peace, Estelle Morley



## Life In Between

By Bishop Kirby Unti

From the Jun 2019 edition of *The Spirit*

*On the way to Jerusalem Jesus was going through the region between Samaria and Galilee. As he entered a village, ten lepers approached him. Keeping their distance, they called out, saying, "Jesus, Master, have mercy on us!" --Luke 10:11-13*



Our Synod Staff has been dwelling on Luke's story of the 10 lepers for the last several months. It has come to our attention that the story takes place where many, many Biblical Stories take place, "in between places." In this case Jesus encounters the lepers in between Samaria and Galilee.

There is a practical reason for this. The lepers would not have been welcomed in Samaria or Galilee. They were living in the only place they were allowed, on the margins. Given that Jesus was constantly on the move plays right into the likelihood that we will encounter him in between place.

But there is more to this than geography. The story of faith, hope and love is forged "in between." For Abraham and Sarah it was formed in between the invitation to leave behind family and home and the promise of becoming a great nation. For the Israelites it was in the wilderness between Egypt and Promised Land. For the people of exile it was between living in a strange land and the hope of returning home. For the disciples it was in between the sea of Galilee and the cross. And then there is the most holy of time between Good Friday and Easter Morning.

I have never been good at living "in between." The uncertainty creates anxiety for me. I want to know the outcome. I just want to get there. Forty years in the wilderness would have done me in.

It is not easy for me to live in the present. I am often seduced into wanting to go back to the way it was or jumping ahead to what is waiting for me. Little did I know how prophetic the words of those were who said to Kim and me, "Enjoy your children because they grow up way too quickly." It is in the space and time of "in between" that we come to know, to love and to trust. It is precisely the place we are called to live.

Northwest Washington is entering "in between" time. In between two bishops. Please welcome Rev. Shelley Bryan Wee. Bishop-elect Shelley and I both are leaning into this in between space knowing that it is sacred encountering space. I encourage you not to look back or to race ahead. Rather welcome this new time and our new Bishop and take up residency in it. It is where we encounter Jesus.

*Once Jesus was asked by the Pharisees when the kingdom of God was coming, and he answered, "The kingdom of God is not coming with things that can be observed; nor will they say, 'Look, here it is!' or 'There it is!' For, in fact, the kingdom of God is among you." --Luke 10:20-21*



## JUNE BIRTHDAYS

1 Jessica Aguilar	12 Matilda Bryson-Beane
2 David Foster-Koth	20 Dan Templeman
3 Larry Howard	21 Karren Johnson
3 Karen Olsen	22 Debbie Meyer-Snook
5 Claudia Tarbox	24 Carl Presley
6 Mary Jo Hershly	26 Jim Johnson
7 Kyle Piper	28 Estelle Morley
11 Oris Semeling	29 Paul Olsen



### Sunday Worship Schedule

Sunday Morning Worship 8:00am & 10:30am

### Publication Notices

*Notes of Faith* is published once a month.  
News deadline is the 20th.

*Weekly Email* is sent out every Thursday  
News deadline is Wednesdays at noon

Articles can be submitted to [office@faithseattle.org](mailto:office@faithseattle.org)

### Congregational Council Executive Committee

President: Diane Matchatka [president@faithseattle.org](mailto:president@faithseattle.org)  
Vice President: Stacey Dillon  
Secretary: Marilyn Anderson  
Treasurer: Wally Powelson

### Faith Lutheran Church Staff

Rev. Shannyn Fuerst <a href="mailto:pastor@faithseattle.org">pastor@faithseattle.org</a>	Pastor
David Buice <a href="mailto:music@faithseattle.org">music@faithseattle.org</a>	Director of Music and Worship
Missy French <a href="mailto:office@faithseattle.org">office@faithseattle.org</a>	Office Manager

### Connect With Us!

**Twitter:** @faithseattle

**Facebook:** Faith Lutheran Church --Seattle, WA

**Website:** [www.faithseattle.org](http://www.faithseattle.org)

**Pastor Shannyn Blog:** [www.pstheresmore.com](http://www.pstheresmore.com)

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Twitter: [@FaithSeattle](https://twitter.com/FaithSeattle)

Pastor Shannyn's Blog: [www.psthermore.com](http://www.psthermore.com)